

## **Our Lady of Hope School Uniform Policy and Information Sheet**

### **Effective Fall 2022**

Our Lady of Hope School uniform policy and dress code is meant to foster pride and confidence in all our students for themselves and our school. It is expected that all students wear the correct uniform to school each day. Students are expected to be neat, clean and well-groomed while they are at school and school events. Uniforms may be purchased from the following three retailers. Uniform clothing purchased at stores other than the Dennis Uniform Store, Lands' End or Norski Promotions **must comply in style, fabric, and exact color to the regulation garments.**

**The Immaculate Conception & Our Lady of Perpetual Help School logo is retired effective July 1, 2022 and will not be in compliance with Our Lady of Hope School uniform policy. This includes all spirit wear, P.E. shirts and shorts.**

### **NORSKI PROMOTIONS**

Online: Store website – [www.olhschool.logoshop.com](http://www.olhschool.logoshop.com) Create a log in with a password. Payment is accepted by PayPal link, as well as setup for payment by credit cards. All recipients will receive order confirmation emails, receipt of payment emails and shipment confirmation emails.

Owned and operated by Sara Norris, school parent, who is keeping prices very reasonable in support of the school community. 5% of all uniform sales and 10% of spirit wear sales go towards your fundraising obligation.

Phone: (425) 512-0990, email: [sara@norskipromotions.com](mailto:sara@norskipromotions.com)

### **DENNIS UNIFORM**

Remember to use Dennis SCRIP (purchasing SCRIP goes towards your fundraising obligation)

Online: [www.dennisuniform.com](http://www.dennisuniform.com). School Code: XSI185

Phone: 1 (800) 854-6951. Reference school code: XSI185

### **LANDS' END**

Remember to use Lands' End SCRIP (purchasing SCRIP goes towards your fundraising obligation)

Online: Go to [www.landsend.com/school](http://www.landsend.com/school) and create or sign in to your account.

Include your student and school information in My Account (or find your school using the Preferred School Number Search: 900172123).

Phone: Call 1-800-469-2222 and reference your student's Preferred School Number 900172123, grade level and gender Sign up on [landsend.com/school](http://landsend.com/school) for email updates and plenty of coupons from Lands' End.

**The following guidelines apply to both uniform and free dress days:**

- All clothing needs to fit, not too tightly or loosely.
- There should be no holes, tears, or signs of excessive wear.
- Only a white undershirt/tee-shirt may be worn under uniforms.
- No cargo pants or cargo shorts, skinny pants, joggers or jeggings are allowed.
- Students are to have no visible marks, drawings, henna or tattoos on their skin.
- All jewelry must be discreet and non-distracting. Jewelry policy remains the same on free dress days.
- Earrings must be non-distracting and safe.
- No jewelry is to be worn during P.E. classes with the exception of stud earrings (if parental waiver is signed).
- Hair must be a natural color and kept clean, neat and non-distracting. Boys must have hair pulled back into a ponytail if it falls below the collar. No distracting hairstyles such as spiked hair, hair attachments, designs shaved into the hair, or Mohawk-style cuts are allowed. Hair must be kept out of the eyes at all times.
- Hats and caps may be worn to school and out on the playground. However, hats are not to be worn in the school buildings, in the church, or during P.E. classes. Hats may not cover the face.
- 6<sup>th</sup>-8<sup>th</sup> grade girls may wear *very light, non-distracting* makeup. No heavy eyeliner or false eyelashes. Permission to wear makeup will remain in place for each girl unless it presents a problem. Students at other grade levels may not wear makeup.
- Nails should be kept short and clean. If wearing nail polish, it should be kept neat, and a non-distracting clear or light color. Fake nails are not allowed.
- Shirts and dresses need to be long enough to cover the midriff, with no low-cut necklines.
- Skirt/Jumper/Skort- School plaid skirts, jumpers, or skorts must be from the Dennis Uniform Store, Lands End, Norski Promotions or the used uniform closet.
- Skirts, jumpers, or skorts must hang no shorter than three inches above the crease of the back of the knee. If there is a question of inappropriateness of skirt length, even given this guideline, the decision of the staff will prevail.
- Shoes and socks must be worn at school. Flip-flops, croc-type or open toe sandals, platform shoes, high heels (over 1"), or backless shoes are not acceptable.
- Camp Fire participants, Scouts, etc., may wear their group's uniform on the day of their meetings.
- Students must come to school in complete uniform each day, including sweater, sweatshirt, or vest, except on free dress days. When the weather is warm, the teachers may give their students permission to go without their sweaters. **Mass days are always complete uniform days, with no shorts or spirit wear permitted.**
- Spirit wear hoodies and sweatshirts may be worn *with the student's school uniform pants or skirt* all days, except Mass days, unless there is a special event that requires the students be in full uniform
- Brands (logos and characters) on jackets, backpacks, lunch boxes and supplies need to be appropriate for our school environment.

## School uniform specifications for all students by grade

We strongly encourage parents to see that students' names are written on the clothing label.

### *Preschool Girls*

- white, light blue or red shirts with soft collar, long or short sleeves, knit, polo, mock turtleneck, or turtleneck (no decorations)
- navy blue skirt, skort, shorts, jumper, pants (sweatpant type ok) or leggings (full length, no Capri); Our Lady of Hope School plaid jumper/skirt or skorts are also acceptable; shorts must be worn under skirts or jumpers.
- Shoes must be worn at school. Tennis shoes are preferred.
- Spirit wear hoodies (Our Lady of Hope logo) is optional, may be worn on non-mass days)
- Our Lady of Hope logo attire is optional.

### *Preschool Boys*

- white, light blue or red shirts with soft collar, long or short sleeves, knit, polo, mock turtleneck (no decorations)
- navy blue pants, shorts or nice sweatpants
- Shoes must be worn at school. Tennis shoes are preferred.
- Spirit wear hoodies (Our Lady of Hope logo) is optional, may be worn on non-mass days)
- Our Lady of Hope logo attire is optional.

### *Grades K-6 Girls*

- uniform (R & R Plaid) jumper, skirt or skort
- white, light blue or red shirt with soft collar, long or short sleeves, knit, polo, mock turtleneck, or turtleneck (no decorations or non school logos)
- navy blue twill pants *or*
- navy blue walking shorts (non-mass days)
- navy blue cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- spirit wear hoodie (optional, may be worn on non-mass days)
- white, navy blue or black socks, tights or leggings (full length, no Capri)
- **Grades 4 & higher only – PE uniform** consisting of a RED t-shirt (plain or Our Lady of Hope logo only) and plain navy blue or black athletic shorts. Socks should be plain white, navy or black with no patterns.

**Grades K – 6 Boys**

- navy blue twill pants *or*
- navy blue walking shorts (non-mass days)
- navy blue V-neck cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- white, light blue or red shirt with soft collar, long or short sleeves, , polo, mock turtleneck, or turtleneck (no decorations or non school logo)
- spirit wear hoodies (optional, may be worn on non-mass days)
- white, navy blue or black socks
- **Grades 4 & higher only – PE uniform** consisting of a RED t-shirt (plain or Our Lady of Hope logo only) and plain navy blue or black athletic shorts.

**Grades 7 and 8 Girls**

- skirt (navy blue twill-center box pleat) or skort (navy blue twill with tabs)
- white, light blue or red shirt with soft collar, long or short sleeves, knit, polo, mock turtleneck, or turtleneck (no decorations or non school logos)
- pants navy blue twill *or*
- navy blue walking shorts (non-mass days)
- navy blue V-neck cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- white, navy blue or black socks, tights or leggings (full length, no Capri)
- spirit wear hoodies (optional, may be worn on-mass days)
- PE uniform – consisting of a RED t-shirt (plain or Our Lady of Hope logo only) and plain navy blue or black athletic shorts. Socks should be plain white, navy or black with no patterns.

**Grades 7 and 8 Boys**

- twill navy blue pants *or*
- navy blue walking shorts (non-mass days)
- navy blue V-neck cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- white, light blue or red shirt with soft collar, long or short sleeves, polo, mock turtleneck, or turtleneck (no decorations or non school logos)
- spirit wear hoodies (optional, may be worn on non-mass days)
- white, navy blue or black socks
- PE uniform – consisting of a RED t-shirt (plain or Our Lady of Hope logo only) and plain navy blue or black athletic shorts. Socks should be plain white, navy or black with no patterns.

## **P.E. Shoes and Uniforms**

Students must wear the proper P.E. uniform on P.E. days even if it is a free dress day at school. Grades K-3 need to wear safe \*athletic shoes and the girls should also wear shorts under their jumpers. Grades 4-8 need to wear a plain red athletic t-shirt or sweatshirt, navy blue or black shorts or sweatpants (not the school uniform shorts) and safe \*athletic shoes. The only acceptable writing on the P.E. uniform is either the school logos or CYO logos. Socks must be plain white, navy blue or black and if there is a logo it must be no larger than 2" x 2". Jewelry is not allowed in P.E. class for safety reasons. If for some reason your child cannot be in full uniform please send the teacher a note. For safety reasons, a child will not be allowed to participate in P.E. unless they have safe athletic shoes whether they bring a note or not.

**\*Athletic Shoes.** When purchasing athletic shoes for P.E. class please make sure the shoes stay securely on your child's feet and they have enough support for running and moving around comfortably. "Athletic" type shoes are preferred because they offer more support and comfort than low support shoes like "Keds." Shoes must have laces that tie securely and tighten snugly all the way up the shoe or Velcro straps. Please no slip-ons, thick soles, or thick tongued shoes. Foot must be entirely enclosed.

P.E. Uniforms are an important aspect of participating in P.E. It allows students more mobility, promotes responsibility, and is one-third of a student's grade. If a student fails to bring their uniform 3+ times in a trimester the student will lose their free dress for that trimester. Bags of some sort are highly recommended to keep clothes in. **PLEASE put your child's name on all pieces of clothing!**

## **Spirit Wear**

Spirit Wear is optional and may be purchased by ordering through Norski Promotions. Spirit wear hoodies and sweatshirts may be worn *with the student's school uniform pants or skirt* all days, except Mass days, unless there is a special event that requires the students to be in full uniform. Spirit wear red t-shirts may be worn for P.E.

### Free Dress

Non-uniform dress will be allowed on days designated as "free dress" on the school calendar or explained in a letter home from the teacher or principal. P.E. uniforms are still required on "free dress" days. Students are expected to wear appropriate dress on these days. If the free dress day has a theme, the student must dress according to the theme or choose to wear their uniform.

The code for "free dress" is as follows:

1. Clothing must be clean and neat without tears, holes or patches.
2. Jeans (in good condition), slacks, cargo pants or cords (NOT baggy or sagging) are acceptable. Athletic wear or sweats are allowed if they are in good condition and are appropriately fitting.
3. Nice *walking* or cargo shorts for boys and girls *which fit them* (NOT baggy or sagging) are permitted. Athletic or basketball shorts are allowed if they fit appropriately.
4. No tank tops, crop tops or tops with spaghetti straps are allowed. Blouses that are low cut may not be worn and the abdomen and back must be covered. Shirts with spaghetti straps or tank tops must be covered by an appropriate shirt or sweater.
5. No crude remarks, negative advertisements, obscene, offensive, or suggestive language on clothing is permitted.
6. Skirts may not be excessively short.

The principal and staff retain the right to define any additional clothing as unacceptable.

Students may wear free dress on their birthday, or on the nearest school day, when a student's birthday falls on a non-school day. Students with summer birthdays may wear free dress on their half-birthday. Free dress code guidelines apply. **NO FREE DRESS IS ALLOWED ON THURSDAYS AS IT IS MASS DAY, OR ANY DAY THERE IS A SCHOOL MASS.**

### Eighth Grade Free Dress

The eighth grade class has an extra free dress day of their own. This takes place once a month on the first Monday unless otherwise noted. The dress expectations are the same as on the general school's free dress days. This privilege may be taken away for if a student has been out of uniform, or for conduct violations