# **School Uniform Regulations**

Students are expected to be neat, clean, and well-groomed while they are at school. The following guidelines apply to both uniform and free dress days:

- All clothing needs to fit, not too tightly or loosely.
- There should be no holes, tears, or signs of excessive wear.
- Only a white T-shirt may be worn under uniforms.
- No cargo pants or shorts, skinny pants, joggers or jeggings are allowed.
- Students are to have no visible marks, drawings, henna or tattoos on their skin.
- All jewelry must be discreet and non-distracting. Jewelry policy remains the same on free dress days.
- Girls may wear non-distracting and safe earrings.
- No jewelry is to be worn during P.E. classes with the exception of stud earrings (if parental waiver is signed).
- Hair must be a natural color, kept clean and neat. Boys' hair must be above the collar and boys
  may not wear pony tails or buns. No unusual hairstyles such as spiked hair, feathers or other hair
  attachments, designs shaved into the hair, or Mohawk-style cuts are allowed. Hair must be kept
  out of the eyes at all times.
- Hats and caps may be worn to school and out on the playground. However, hats are not to be worn in the school buildings, in the church, or during P.E. classes. Hats may not cover the face.
- 8th grade girls may wear *very light*, *non-distracting* makeup. Again, this privilege is contingent upon their showing that they understand the limitations and can serve as models to the younger students of what is acceptable in 8th grade. Permission to wear makeup will remain in place for each girl unless it presents a problem. Students at other grade levels may not wear makeup.
- Nails should be kept short and clean. If girls wear nail polish, it should be kept neat and non-distracting. Fake nails are not allowed. Boys are not allowed to wear nail polish.
- Shirts and dresses need to be long enough to cover the midriff, with no low-cut necklines.
- Skirt/Jumper/Skort- School plaid skirts, jumpers, or skorts must be from the Dennis Uniform Store, Lands End, Norski Promotions or the used uniform closet.
- Skirts, jumpers, or skorts must hang no shorter than three inches above the crease of the back of the knee. If there is a question of inappropriateness of skirt length, even given this guideline, the decision of the staff will prevail.
- Shoes and socks must be worn at school. Flip-flops, platform shoes, high heels (over 1"), or backless shoes are not acceptable.
- Camp Fire participants, Scouts, etc., may wear their group's uniform on the day of their meetings.
- Students are to be in complete uniform all day, including sweater, sweatshirt, or vest (except on free dress days). When the weather is warm, the teachers may give their students permission to go without their sweaters. Mass days are always complete uniform days, with no shorts permitted.
- Spirit wear hoodies and sweatshirts may be worn with the student's school uniform pants or skirt all days, expect Mass days, unless there is a special event that requires the students be in full uniform.

It is expected that all students wear the correct uniform to school each day. Uniform clothing purchased at stores other than the Dennis Uniform Store, Lands End, or Norski Promotions *must comply in style*, *fabric*, *and exact color to the regulation garments*. If there is a reason for a student to be out of uniform, he or she must bring a note from a parent and present it to the school administrative assistant in the morning.

## New uniforms may be purchased from:

The Uniform Store 12608 Interurban Ave. South, Tukwila (206) 431-2000

Website: www.dennisuniform.com. School Code: XSI185

Lands End

www.landsend.com School Code: 900172123

Norski Promotions (Owned and operated by Sara Norris, school parent) <a href="https://www.icolphschool.logoshop.com">www.icolphschool.logoshop.com</a> (425) 512-0990

\*Plaid skirts/skorts not available at this time.

Used uniforms are available through the "Uniform Exchange." Contact school office for details.

## We strongly encourage parents to see that students' names are written on the back label.

## **Uniform Specifications**

Grades K-6 Girls

- uniform (R & R plaid) jumper, skirt or skort
- white, light blue or red shirt with soft collar, long or short sleeves, mock turtleneck, or turtleneck (no decorations)
- navy blue twill pants or navy blue walking shorts (non-mass days)
- navy blue cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- white, navy blue or black socks, tights or leggings
- spirit wear hoodie (non-mass days)

### *Grades* K-6 *Boys*

- navy blue twill pants or navy blue walking shorts (non-mass days)
- navy blue V-neck cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- white, light blue or red shirt with soft collar, long or short sleeves, mock turtleneck, or turtleneck (no decorations)
- white, navy blue or black socks
- spirit wear hoodie (non-mass days)

### Grades 7 and 8 Girls

- skirt (khaki twill-center box pleat) or skort (khaki twill with tabs)
- white, light blue or red shirts with soft collar, long or short sleeves, mock turtleneck, or turtleneck (no decorations)
- pants khaki twill or khaki walking shorts (non-mass days)
- navy blue V-neck cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- white, navy blue or black socks, tights or leggings
- spirit wear hoodie (non-mass days)

## Grades 7 and 8 Boys

• twill khaki pants or khaki walking shorts (non-mass days)

- navy blue V-neck cardigan, vest, pullover, fleece, or sweatshirt (all with school logo)
- white, light blue or red shirt with soft collar, long or short sleeves, mock turtleneck, or turtleneck (no decorations)
- white, navy blue or black socks
- spirit wear hoodie (non-mass days)

#### Preschool Girls

- white, light blue or red shirts with soft collar, long or short sleeves, mock turtleneck, or turtleneck (no decorations)
- navy blue skirt, skort, shorts, jumper, pants or leggings; ICOLPH school plaid jumpers or skorts are also acceptable; shorts must be worn under skirts or jumpers.
- Shoes and socks must be worn at school. Tennis shoes are preferred.
- ICOLPH logo attire is optional.

## Preschool Boys

- white, light blue or red shirts with soft collar, long or short sleeves, mock turtleneck (no decorations)
- navy blue pants, shorts or nice sweatpants
- Shoes and socks must be worn at school. Tennis shoes are preferred.
- ICOLPH logo attire is optional.

### P.E. Shoes and Uniforms

Students must wear the proper P.E. uniform on P.E. days even if it is a free dress day at school. Grades K-3 need to wear safe \*athletic shoes and the girls should also wear shorts under their jumpers. Grades 4-8 need to wear a plain, red athletic t-shirt or sweatshirt, navy blue or black shorts or sweat pants (not the school uniform shorts) and safe \*athletic shoes. Spandex and yoga pants are not allowed. The only acceptable writing on the P.E. uniform is either the school logos or CYO logos. Socks must be plain white, navy blue or black and if there is a logo it must be no larger than 2" x 2". Jewelry is not allowed in P.E. class for safety reasons. If for some reason your child cannot be in full uniform please send Mr. Woodworth a note. For safety reasons, a child will not be allowed to participate in P.E. unless they have safe athletic shoes whether they bring a note or not.

\*Athletic Shoes. When purchasing athletic shoes for P.E. class please make sure the shoes stay securely on your child's feet and they have enough support for running and moving around comfortably. "Athletic" type shoes are preferred because they offer more support and comfort then low support shoes like "Keds." Shoes must have laces that tie securely and tighten snugly all the way up the shoe or Velcro straps. Please no slip-ons, thick soles, or thick tongued shoes (Sketchers). Foot must be entirely enclosed.

Bags of some sort are highly recommended to keep clothes in. PLEASE put your child's name on all pieces of clothing!

### **Spirit Wear**

Spirit Wear may be purchased by ordering through Norski Promotions. Spirit wear hoodies and sweatshirts may be worn *with the student's school uniform pants or skirt* all days, expect Mass days, unless there is a special event that requires the students be in full uniform. Spirit wear red t-shirts may be worn for P.E.

### **Free Dress**

Non-uniform dress will be allowed on days designated as "free dress" on the school calendar or explained in a letter home from the teacher or principal. **P.E. uniforms are still required on "free dress" days.** Students are expected to wear appropriate dress on these days. If the free dress day has a theme, the student must dress according to the theme or choose to wear their uniform.

The code for "free dress" is as follows:

- 1. Clothing must be clean and neat without tears, holes or patches.
- 2. Jeans (in good condition), slacks, cargo pants or cords (NOT baggy or sagging) are acceptable. Athletic wear or sweats are allowed if they are in good condition and are appropriately fitting.
- 3. Nice *walking* or cargo shorts for boys and girls *which fit them* (NOT baggy or sagging) are permitted. Athletic or basketball shorts are allowed if they fit appropriately.
- 4. No tank tops, crop tops or tops with spaghetti straps are allowed. Blouses that are tight or low cut may not be worn and the abdomen and back must be covered. Shirts with spaghetti straps or tank tops must be covered by an appropriate shirt or sweater.
- 5. No crude remarks, negative advertisements, obscene, offensive, or suggestive language on clothing is permitted.
- 6. Skirts may not be excessively short or tight.
- 7. Leggings or yoga pants may only be worn with a long shirt or sweater covering to at least the top thigh.

The principal and staff retain the right to define any additional clothing as unacceptable.

Students may wear free dress on their birthday, or on the nearest school day, when a student's birthday falls on a non-school day. Students with summer birthdays may wear free dress on their half-birthday. Free dress code guidelines apply. NO FREE DRESS IS ALLOWED ON THURSDAYS AS IT IS MASS DAY, OR ANY DAY THERE IS A SCHOOL MASS.

## **Eighth Grade Free Dress**

The eighth grade class has an extra free dress day of their own. This takes place once a month on the first Monday unless otherwise noted. The dress expectations are the same as on the general school's free dress days. This privilege may be taken away for if a student has been out of uniform, or for conduct violations.